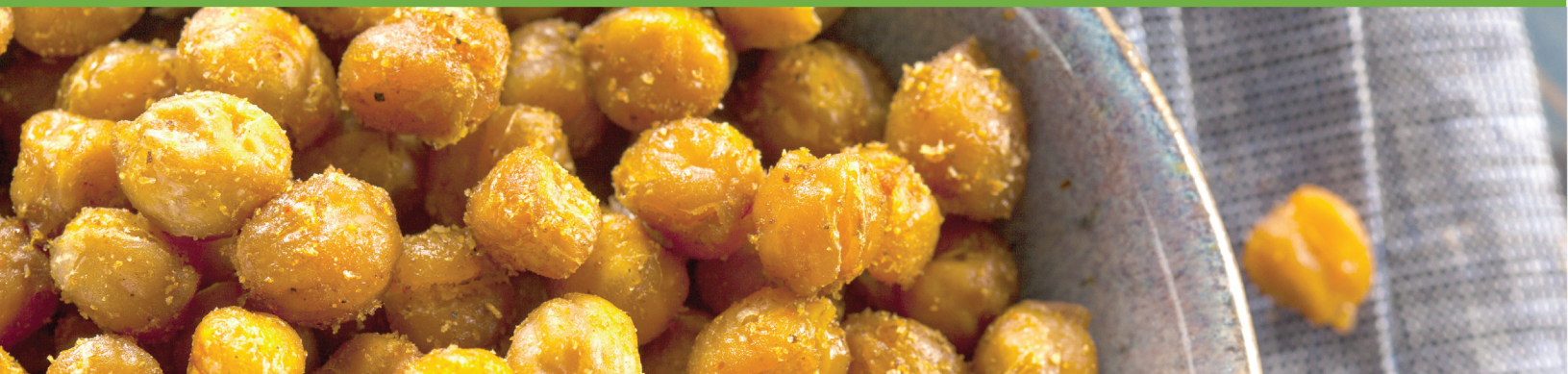


# GO'BONZO'S

Crunchy Goodness on the Go!



# EARN AN EASY A FOR LEGUMES



## GO'BONZO'S ~ ROASTED & SEASONED CHICKPEAS

**It's Pizza** | **Lightly Salted** | **Chili Citrus**  
**Spicy Nacho** | **Cool Ranch**

### Healthy & Nutritious Side, Snack, Ingredient or Topper

- Excellent Offer vs. Serve Solution for Breakfast, Lunch, Snack, Supper &/or Summer Programs
- Rich Source of Protein, Fiber, and Iron
- Farmed, Processed & Packed in the USA
- USDA "Smart Snacks in Schools" Compliant
- Shelf-Stable Individually Wrapped Single Serve Portions



Go'Bonzo's Meet the USDA Nutrition Guidelines:  
 Chickpeas Can Provide Either a Meat/Meat Alternative (M/MA) or Vegetable (Legume)

	IW .75oz	IW 1.5oz
Pack	250/.75oz	125/1.5oz
Cases Per Pallet	80 cases	80 cases
Net Wt/ Gross Wt	11.72lb/14lb	11.72lb/14lb
Meat/Meat Alt	1/4c cooked legumes = 1oz eq M/MA	1/2c cooked legumes = 2oz eq M/MA
Vegetable (Legume)	1/4c cooked vegetables per serving	1/2c cooked vegetables per serving

\* Meal Pattern Contribution Data Determined Per the USDA Food Buying Guide For Child Nutrition Programs Section 1 - Meat/Meat Alternatives and Section 2 - Vegetables/Fruits



[www.CreativeFoodInnovations.com](http://www.CreativeFoodInnovations.com)  
 #760.542.8390





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**Roasted & Seasoned Chickpeas**

# Go'Bonzo's® 125/1.5oz

## Lightly Salted, 125/1.5oz

CFI Item #: 03-CF145  
UPC Code: 855270005121  
Ingredients: Chickpeas, Extra Virgin Olive Oil, Salt  
**BIG 8 ALLERGEN FREE**

## Cool Ranch, 125/1.5oz

CFI Item #: 03-CF146  
UPC Code: 855270005138  
Ingredients: Chickpeas, Dried Buttermilk, Salt, EVOO, Onion, Spices, Garlic  
**CONTAINS MILK**

## Spicy Nacho, 125/1.5oz

CFI Item #: 03-CF147  
UPC Code: 855270005145  
Ingredients: Chickpeas, Extra Virgin Olive Oil, Spices, Salt, Garlic, Onion  
**BIG 8 ALLERGEN FREE**

## Chili Citrus, 125/1.5oz

CFI Item #: 03-CF209  
UPC Code: 855270005350  
Ingredients: Chickpeas, EVOO, Salt, Spices, Garlic, Onion  
**BIG 8 ALLERGEN FREE**

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	<b>1 - 1.5 oz pkg</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 260mg	<b>11%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 17g	<b>61%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 9g	<b>18%</b>
Vitamin D 4mcg	20%
Calcium 43mg	4%
Iron 1mg	8%
Potassium 221mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	<b>1 - 1.5 oz pkg</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> <5mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 16g	<b>57%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 9g	<b>18%</b>
Vitamin D 4mcg	20%
Calcium 60mg	4%
Iron 1mg	8%
Potassium 252mg	6%

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Nutrition Facts	
1 servings per container	
<b>Serving size</b>	<b>1 - 1.5 oz pkg</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 16g	<b>57%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 9g	<b>18%</b>
Vitamin D 4mcg	20%
Calcium 48mg	4%
Iron 2mg	8%
Potassium 243mg	6%

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Nutrition Facts	
1 servings per container	
<b>Serving size</b>	<b>1 - 1.5 oz pkg</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 16g	<b>57%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	<b>16%</b>
Vitamin D 4mcg	20%
Calcium 44mg	4%
Iron 1mg	8%
Potassium 241mg	6%

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## It's Pizza, 125/1.5oz

CFI Item #: 03-CF213  
UPC Code: 855270005169  
Ingredients: Chickpeas, Whey, EVOO, Salt, Tomato, Sugar, Spices, Garlic, Natural Dairy Flavors, Non-Fat Dry Milk, Paprika, Green Pepper, Citric Acid, Parsley  
**CONTAINS MILK**

Nutrition Facts	
1 servings per container	
<b>Serving size</b>	<b>1 - 1.5 oz pkg</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 16g	<b>57%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 9g	<b>18%</b>
Vitamin D 4mcg	20%
Calcium 49mg	4%
Iron 1mg	8%
Potassium 239mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Go'Bonzo's® 1.5oz Shipping Specs	
<b>Case Pack</b>	<b>125/1.5oz</b>
<b>Case Wt.</b>	12lbs. Net / 14lbs. GWT
<b>Case Dimensions</b>	15.625"L x 11.375"W x 8.25"H
<b>Case Volume</b>	.85 ft3
<b>Pallet</b>	10 Ti x 8 Hi = <b>80cs/pallet</b>
<b>Pallet Dimensions</b>	48"L x 40"W x 72"H
<b>Pallet Volume</b>	92.908 ft3



**Creative Food Innovations, LLC**

[www.creativefoodinnovations.com](http://www.creativefoodinnovations.com) ☎ 760-542-8390



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**Roasted & Seasoned Chickpeas**

# Go'Bonzo's® 250/.75oz

## Lightly Salted, 250/.75oz

CFI Item #: 03-CF141  
UPC Code: 855270005053  
Ingredients: Chickpeas, Extra Virgin Olive Oil, Salt  
**BIG 8 ALLERGEN FREE**

## Cool Ranch, 250/.75oz

CFI Item #: 03-CF142  
UPC Code: 855270005060  
Ingredients: Chickpeas, Dried Buttermilk, Salt, EVOO, Onion, Spices, Garlic  
**CONTAINS MILK**

## Spicy Nacho, 250/.75oz

CFI Item #: 03-CF143  
UPC Code: 855270005077  
Ingredients: Chickpeas, Extra Virgin Olive Oil, Spices, Salt, Garlic, Onion  
**BIG 8 ALLERGEN FREE**

## Chili Citrus, 250/.75oz

CFI Item #: 03-CF144  
UPC Code: 855270005091  
Ingredients: Chickpeas, EVOO, Salt, Spices, Garlic, Onion  
**BIG 8 ALLERGEN FREE**

Nutrition Facts	
1 servings per container	
Serving size 1 - 0.75 oz pkg	
Amount per serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 130mg	<b>6%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	<b>8%</b>
Vitamin D 2mcg	10%
Calcium 22mg	0%
Iron 1mg	4%
Potassium 110mg	2%

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Nutrition Facts	
1 servings per container	
Serving size 1 - 0.75 oz pkg	
Amount per serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	<b>8%</b>
Vitamin D 2mcg	10%
Calcium 30mg	2%
Iron 1mg	4%
Potassium 126mg	2%

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Nutrition Facts	
1 servings per container	
Serving size 1 - 0.75oz pkg	
Amount per serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	<b>8%</b>
Vitamin D 2mcg	10%
Calcium 24mg	0%
Iron 1mg	4%
Potassium 121mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts	
1 servings per container	
Serving size 1 - 0.75 oz pkg	
Amount per serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	<b>8%</b>
Vitamin D 2mcg	10%
Calcium 22mg	0%
Iron 1mg	4%
Potassium 120mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## It's Pizza, 250/.75oz

CFI Item #: 03-CF212  
UPC Code: 855270005107  
Ingredients: Chickpeas, Whey, EVOO, Salt, Tomato, Sugar, Spices, Garlic, Natural Dairy Flavors, Non-Fat Dry Milk, Paprika, Green Pepper, Citric Acid, Parsley  
**CONTAINS MILK**

Nutrition Facts	
1 servings per container	
Serving size 1 - 0.75 oz pkg	
Amount per serving	
<b>Calories</b>	<b>90</b>
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 100mg	<b>4%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 8g	<b>29%</b>
Total Sugars <1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 4g	<b>8%</b>
Vitamin D 2mcg	10%
Calcium 24mg	0%
Iron 1mg	4%
Potassium 119mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Go'Bonzo's® .75oz Shipping Specs	
Case Pack	250/.75oz
Case Wt.	12lbs. Net / 14lbs. GWT
Case Dimensions	15.625"L x 11.375"W x 9.25"H
Case Volume	.951 ft3
Pallet	10 Ti x 8 Hi = 80cs/pallet
Pallet Dimensions	48"L x 40"W x 80"H
Pallet Volume	97.78 ft3



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